

# GREAT HARVEST BREAD CO. KAHALA

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WWW.GREATHARVESTHONOLULU.COM \* INSTAGRAM @GREATHARVESTKAHALA

## AUGUST BREADS & SWEETS

|  |   |  |   |
|--|---|--|---|
| <p><b>BACK TO SCHOOL MONTH!!</b></p> <p><b>HEALTHY WHOLE GRAIN BREADS AND DON'T FORGET TASTY TREATS!!</b></p>  | <p><b>MONDAY</b></p> <ul style="list-style-type: none"> <li>• Honey Whole Wheat*</li> <li>• High 5 Fiber*</li> <li>• Cinnamon Chip</li> <li>• White Cocolate Cranberry</li> <li>• Rosemary Garlic</li> <li>• Sourdough</li> </ul> <p><b>SCONE</b><br/>Blueberry, Strawberry, Peach, Cinnamon Chip</p> <p><b>MUFFIN</b><br/>Pumpkin Choc. Chip</p> <p><b>BAR</b><br/>Pumpkin Spice<br/>Lemon</p> | <p><b>TUESDAY</b></p> <ul style="list-style-type: none"> <li>• Honey Whole Wheat*</li> <li>• Low Carb Kauai Crunch*</li> <li>• Cinnamon Chip</li> <li>• Cheddar Garlic</li> <li>• Peanut Butter Chocolate Chip</li> <li>• Sourdough</li> </ul> <p><b>SCONE</b><br/>Blueberry, Strawberry, Peach, Cinnamon Chip</p> <p><b>MUFFIN</b><br/>Blueberry Shortcake</p> <p><b>BAR</b><br/>Pumpkin Choc. Chip<br/>Lemon</p>                                   | <p><b>WEDNESDAY</b></p> <ul style="list-style-type: none"> <li>• Honey Whole Wheat*</li> <li>• Dakota*</li> <li>• Cinnamon Chip</li> <li>• Rosemary Garlic</li> <li>• Sourdough</li> </ul> <p><b>SCONE</b><br/>Blueberry, Strawberry, Peach, Chocolate Chip</p> <p><b>MUFFIN</b><br/>Pumpkin Choc. Chip</p> <p><b>BAR</b><br/>Lilikoi</p>   |
| <p><b>THURSDAY</b></p> <ul style="list-style-type: none"> <li>• Honey Whole Wheat*</li> <li>• Low Carb Kauai Crunch*</li> <li>• Cinnamon Chip</li> <li>• White Chocolate Blueberry</li> <li>• Oregano Basil</li> <li>• Sourdough</li> </ul> <p><b>SCONE</b><br/>Blueberry, Strawberry, Peach, Cinnamon Chip</p> <p><b>MUFFIN</b><br/>Pumpkin Choc. Chip,</p> <p><b>BAR</b><br/>Pumpkin Spice<br/>Lemon</p> | <p><b>FRIDAY</b></p> <ul style="list-style-type: none"> <li>• Honey Whole Wheat*</li> <li>• Harvest White</li> <li>• Rosemary Garlic</li> <li>• Cinnamon Chip</li> <li>• Pizza</li> <li>• Sourdough</li> </ul> <p><b>SCONE</b><br/>Blueberry, Strawberry, Cinnamon Chip, Chocolate Chip</p> <p><b>MUFFIN</b><br/>Pumpkin Choc. Chip</p> <p><b>BAR</b><br/>Lemon</p>                             | <p><b>SATURDAY</b></p> <ul style="list-style-type: none"> <li>• Honey Whole Wheat*</li> <li>• Low Carb Kauai Crunch*</li> <li>• Saturday Swirl</li> <li>• Cinnamon Chip</li> <li>• Cheddar/Jalapeno Garlic</li> <li>• Sourdough</li> </ul> <p><b>SCONE</b><br/>Blueberry, Strawberry, Peach, Cinnamon Chip, Chocolate Chip</p> <p><b>MUFFIN</b><br/>Whole Grain Blueberry* <p><b>BAR</b><br/>Pumpkin Choc. Chip<br/>Pumpkin Spice<br/>Guava</p> </p> | <p><b>DAILY SWEETS</b></p> <ul style="list-style-type: none"> <li>• Cinnamon Roll</li> <li>• Oatmeal Choc. Cookies*</li> <li>• Peanut Butter Choc. Chip</li> <li>• Cappuccino Muffin</li> <li>• Coconut Muffin/Teacake</li> <li>• Chocolate Brownie QB</li> <li>• Pumpkin Choc. Chip QB</li> </ul> <p><b>SANDWICH OF THE MONTH:</b></p> <p><b>COBB SANDWICH</b></p> <p><b>TURKEY, BACON, AVACODO AND OUR DELICIOUS IN HOMEMADE BLEU CHEESE YOGURT SPREAD!</b></p> |



**STORE HOURS:**  
**MONDAY-SATURDAY: 6:30AM - 6:00PM**  
**SUNDAY: 9:00AM - 3:00PM**

\* = 100%  
**WHOLE GRAIN FLOUR**